



GSO 103 Goal Setting Activity

Time	Activity	Completed
8:00am		
8:30am		
9:00am		
9:30am		
10:00am		
10:30am		
11:00am		
11:30am		
12:00pm		
12:30pm		
1:00pm		
1:30pm		
2:00pm		
2:30pm		
3:00pm		
3:30pm		
4:00pm		
4:30pm		
5:00pm		
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6:00pm		
6:30pm		
7:00pm		
7:30pm		